



The Bulletin

President's Message

TODAY

The real and surreal presence and impact of COVID-19 pandemic continues in contrast to the robust re-emergence of spring as we navigate a unique and unpredictable pathway in our lives that encompasses both tragic loss and potential growth. I am eternally grateful to all those who have contributed to our on-going endeavours and challenges.

YESTERDAY

The new home for the TICP, on Vaughan Road, welcomed candidates and colleagues and is a work in progress.

In the fall, the Invited Speakers Series included Shelley Nathans presenting *Oedipus Wrecks: Infidelity as Manic Defense* and Ed Tronick opening the vistas of *Making Meaning*. The fall scientific meeting with Hilary Offman and Zoe Meleo-Erwin presented *The Otherness of Fat: Intersectional Enactments and the Neoliberal "War" on Obesity*.

The New Year 2020 was ushered in with Joshua Levy's generous and remarkable workshop on *Understanding and Comparing Dreams from Multiple Perspectives in Analytic Treatments*. The Scientific Meetings thus far have included evocative presentations by Karl Loszak (*George Mead, Harry Stack Sullivan and the Social Mind*) and Gary Rodin (*The Last Year of Life*). Christiane Martin's paper on *Explorations on Disgust and Self Disgust* needed to be postponed. The Extension programs included Brent Willock's riveting *Dream Enactment (Sleep/Dream Disorders)* celebrating his recently published book and Peter Dales illuminating series on *An Exploration of D.W. Winnicott*.

Virginia Goldner presented an evocative and thought-provoking workshop on *Romantic/Erotic Love in the age of #Me Too: Vulnerability and Cynicism*, just prior to the advisory not to travel and on the heels of the COVID-19 outbreak. Jeanne Wolff-Bernstein's May workshop was postponed and will be rescheduled when the world and travel are safe. Her workshop was to focus on Freud's theory of phylogenetic heritage in relation to the transgenerational transmission of trauma; and the interior spaces of Sigmund Freud and his grandson, the re-known artist Lucian Freud.



Inside this issue

Poetry.....	3
NEW Psychotherapy Program.....	4
Psychoanalytic Programs.....	5
Scientific Meetings Fall 2020.....	6
Upcoming Conferences	7
Winter Party 2020 Highlights.....	8
Reflections on IARPP.....	10
Reflections on Tel Aviv 2019.....	12
Reflections on IARPP.....	14
TICP Free Clinic.....	16
2019 Hans E. Loewald award.....	17

Save The Dates

- November 14, 2020:
Dr. Donnel Stern
- March 6, 2021:
Dr. Steven Cooper

President's Message . . . continued

TICP received final approval from the Ministry of Training Colleges and Universities: Private Career Colleges to launch the TICP 3-Year Psychotherapy Program that follows the recognition from the College of Registered Psychotherapists of Ontario. As with the development of our new premises on Vaughan Road, this has come after jumping through many hoops and the perseverance of many dedicated people.

We celebrated and honoured Suzanne at the 2020 winter's party. We are grateful to Suzanne for taking care of us all as well as anticipating and ministering to our needs. She is a dynamo of enthusiasm, caring and dedication, greeting all with her warm smile and sparkling eyes. We had the gift of her classical piano performance, albeit a keyboard that she played for the first time ... not her cherished grand piano at home. Temo Keshelashvili also added to the wonderful atmosphere of the winter party playing classical guitar. The graduation of Marilyn Lerner was also celebrated, and on this occasion, we were left to imagine her jazz accompaniment.

TOMORROW

I want to express my continuing gratitude and appreciation to the TICP community who have been openly engaged and responsive for being there for others in the midst of the COVID-19 pandemic and the challenge and struggle that is unprecedented and both deeply personal and collective.

Keith and Suzanne continued their efforts to create the Bulletin that travelled through Winter and arrived in Spring ... ultimately to a different landscape and sensibility. Suzanne continues to steer our Zoom encounters which enables the continuing of our programs, meetings, and connecting with each other.



In the words of Robert Frost:

In three words I can sum up everything I've learned about life: it goes on.

Looking forward to the possibility of a future that embraces health, well-being and engagement,

Judi B. Kobrick, President TICP

ONE NO TRUMP

By John Sloane, M.D.

So much we don't know
Until we're told
Of what others know
Or feel, or have to face
Unbeknownst
To us and even to them.

Unconscious currents,
Winds of change
Pressure systems
Inside and out
Cry out and spread
Throughout the universe.

Calling for compassion
Reason, Truth and learning
From experience
How to hear and hold and heal
What ails us, face what fails us,
Finding peace with justice;

Re-founding faith - again and again
By coming through
With help from You
And you and you and you
Who care enough to bear
Being bad in the eyes of the Other.

Without denying, projecting
And further inflaming
The fires of hate, Self-
Righteous supremacy of State
Of mind in Men who think they hold
The single winning card.

3-Year Psychoanalytic Psychotherapy Training Program

Beginning September 2020

The TICP is pleased to present a new **3-year Program in Psychoanalytic Psychotherapy**. This diploma program will provide students with over 360 educational hours, 450 clinical hours and over 100 hours of clinical supervision. This new program is recognized by the **College of Registered Psychotherapists of Ontario (CRPO)**; more information about the College can be found on their website at www.crpo.ca. Graduates of this program will qualify to register with the CRPO in the category of Registered Psychotherapists (Qualifying) in their final year of study.

**We invite you to apply to the TICP
Psychoanalytic Psychotherapy Program**

Please review the **3-Year Psychoanalytic Psychotherapy Program Application Guide**, available at www.ticp.on.ca, which provides an overview of the course syllabus, as well as the training guidelines, program structure and academic terms.

Applications are due **JUNE 1, 2020**. All applicants will have an admissions interview.



WHY CHOOSE THIS PROGRAM?

- **CRPO:** Program is recognized by the College of Registered Psychotherapists of Ontario
- **Professional Standards:** Graduates will meet entry-to-practice competencies established by CRPO
- **Clinical Hours:** Clinical program requirements are integrated into the program structure
- **Clinical Experience:** TICP's in-house Community Clinic will provide clients and treatment space for candidates to complete their clinical requirements
- **Convenience:** Classes held once weekly (Thursday) from September until May, from 7:00 p.m.—10:00 p.m.
- **Affordable:** Tuition and supervision fees payable in installments

HOW TO APPLY

To apply to this program please submit the following items by **JUNE 1, 2020**:

- Completed and signed **Application Form**
- Post-Secondary academic transcripts
- Letter of Intent (personal account)
- 3 letters of reference
- Application Fee: **\$250** (non-refundable) payable online at www.ticp.on.ca or by e-transfer to Info@ticp.on.ca
- Application forms and details can be found at www.ticp.on.ca
- All applicants will have a minimum of one (1) admissions interview

Questions? Please contact **TICP** at **416.288.8060** or **info@ticp.on.ca**

TICP is an accredited Private Career College with the Ontario Ministry of Colleges and Universities, Registration #203867 and as such operates under the regulations outlined under the Private Career Colleges Act 2005.

PSYCHOANALYSIS TRAINING PROGRAMS AT TICP

The TICP offers several types of educational programs which examine, contrast, and where possible, integrate the thoughts and methods of major perspectives in contemporary psychoanalysis. We invite outstanding international investigators to Toronto, to present their cutting-edge work to professionals and scholars interested in expanding their knowledge of psychoanalysis. We welcome all potential applicants to learn more about the TICP and their own possibilities within our Institute and Society.

TICP 4-Year Training Program in Psychoanalysis

Next class begins September 2020

Balancing professional training and scholarly education, this intensive program offers comprehensive, intellectually rigorous clinically-relevant seminars thirty weeks per year, supplemented by three Annual Weekends with visiting faculty.

The program's comparative-integrative perspectives facilitate candidates exploring and contrasting theoretical frameworks and learning to formulate clinical material from diverse, mutually enhancing viewpoints. Applicants generally have (or are nearing completion of) licensure to practice as psychologists, psychiatrists, social workers or psychotherapists. An Academic stream is available to applicants who do not wish to pursue clinical practice. Classes are held on Monday evenings from 7:00—10:00 p.m. from September until May.

APPLICATIONS NOW BEING ACCEPTED; APPLICATION DEADLINE IS JUNE 1, 2020

TICP Essentials Program in Psychoanalytic Psychotherapy

Next class begins September 2020

(30-session program)

This is a program for those desiring to learn the basic principles and applications of psychoanalysis. This program will also help those interested in applying to the four-year psychoanalytic training program at the TICP who lack exposure to psychoanalytic theory and therapy. The program consists of weekly 2-hour seminars, for thirty weeks. Classes are held on Tuesday evenings from 7:00—9:00 p.m. from September until May.

APPLICATIONS NOW BEING ACCEPTED; APPLICATION DEADLINE IS JUNE 1, 2020

For more information about TICP's Education Programs please contact:

416-288-8060

info@ticip.on.ca

www.ticip.on.ca

SCIENTIFIC MEETINGS

2020

Wednesday scientific meetings are free for all TSCP Members and Guests. They are held from **8:00 p.m. - 9:30 p.m.** RSVPs are appreciated in advance. Refreshments are provided.

LOCATION: TICP Office & Community Clinic
427 Vaughan Road, Toronto, ON, M6C 2P1

DATE TBA: FALL 2020

(originally scheduled April 1, 2020 but postponed due to COVID-19)

Christiane Martin, MSW

Explorations on Disgust and Self-Disgust

Advance reading available with RSVP.

MORE DETAILS TO BE ANNOUNCED

*We welcome all Members and Guests of the Society (TSCP) and TICP candidates to participate.
There is no charge for members to attend the Wednesday events.*

We are constantly searching for new Scientific Meeting presenters.

If you would like to present, or can suggest a potential presenter, please do not hesitate to contact us.



UPCOMING CONFERENCES AT TICP

May 23, 2020

POSTPONED DUE TO COVID-19

Jeanne Wolff-Bernstein, Ph.D.

More details on a rescheduled date TBA

November 14, 2020

Donnel Stern, Ph.D.

March 6, 2021

Steven Cooper, Ph.D.

More details to follow!

TICP Winter 2020 Celebration

HIGHLIGHTS & MOMENTS

On **February 8, 2020**, TICP members, guests, faculty and candidates gathered at the Combination Room at Trinity College, to celebrate the accomplishments of the Institute and our newest graduate, Marilyn Lerner.



CONGRATULATIONS to TICP's most recent
psychoanalytic program graduate:

Marilyn Lerner, BFA Hon.



We honoured our own administrator ***Suzanne Pearen*** for her ongoing contributions over the years to our community. TICP greatly appreciates her generosity of time, energy and dedication.



REFLECTIONS ON IARPP 2019 IN TEL-AVIV

BY MEHR-AFARIN KOHAN, M.D.

I find that becoming a therapist requires a level of authenticity that can be both overwhelming and rewarding. To be able to stay present with your emotions just below the surface, to stay vulnerable and yet in control. This aspect of our field is perhaps what makes being in the company of analysts at IARPP conferences the most interesting. The audience, the discussants, the presenters, the moderators all bring with themselves this authenticity. They take the risk to stay vulnerable and personal even in the face of disagreements and conflict in the collective.

This is perhaps a hallmark of all IARPP conferences, but it was particularly visible in the IARPP 2019 conference in Tel Aviv, where being vulnerable and authentic was even riskier given the socio-political situation of the region. This IARPP conference was for me a putting into practice of the ideas of “intersubjectivity” and “creating a third” in the face of real conflict. To see well-intended individuals grappling with this challenging task without shying away from it (and not necessarily always with positive outcomes), was both admirable and a great learning experience for me.

I find that IARPP conferences are held with attention paid to the issues of the host country, making everything relevant to the field in which the conference is situated. This is perhaps staying true to the spirit of relational approach, where the therapist is not just an observer or inspector but a participant in the process. During the Tel Aviv conference, I found myself going through turns and transformations emotionally and intellectually as I bodily engaged with the Israeli society in all its multiple aspects and then processing all of that during the seminars and group discussions.

Starting from the Jafa district where the conference was located, to Jerusalem and West Bank that I visited by tour right before and after the conference, I can say that I concurrently lived through and analyzed the Israeli-Palestinian conflict from a relational perspective. Yes, we are not politician (even though everything is in a sense political), but for me, when it comes to humans and their conflicts, psychoanalysis becomes relevant and it has a framework that can guide us towards an understanding that takes into consideration unconscious and intra-psychic processes as well as the intersubjective and inter-psychic ones.

IARPP conferences stand out for me as intense, vitalizing and rewarding experiences exactly because of this level of involvement that distinguishes them from a mere intellectual (and more emotionally removed) exercise. This involvement cannot be achieved without the passion and authenticity that participants bring with themselves or without their commitment to the ideas of psychoanalysis.



REFLECTIONS ON TEL-AVIV 2019

By John Sloane, M.D.

Looking back through a lens somewhat clouded by all that's happened since, there are several things that stand out, for me.


"Imagining with eyes wide open" made for an outstanding IARPP conference, even though it took place under a cloud from the Israeli occupation of Palestine – and under protest/boycott by many members, Jewish and Palestinian, who did not want to implicitly support the policies of the State of Israel by attending – or risk being endangered and humiliated at the border. That actually served to open the eyes of those who were there, along with the voices of some who courageously came and spoke on behalf of those who could not, risking their disapproval in the process – to heighten our awareness and make the collective Unconscious conscious. It was good to have company bearing the otherwise unbearable conflict between doer and done-to, judge and judged by some Absolute Authority.

I, for one, am glad I went.

One of the highlights, for me, was the pre-conference tour of the West Bank, led by a high-ranking, Israeli army officer with impressive courage and compassion as well as an impressively psychoanalytic/practical grasp of the motives, reasons and consequences at work in the tragic and dangerous situation on the ground. He was joined, with some logistical difficulty due to security measures, by a Palestinian ex-commander, both of whom had seen armed combat with "the Enemy". Together with the organization they are part of, "Combatants for Peace", they were not only able to imagine with eyes wide open, but they embodied a shared "ultimate concern" for the well-being of both peoples, taking a visiting "Third" by Jewish settlements and Palestinian towns to a roadside restaurant run by a Lebanese man with a powerful story to tell. While we were there, we could clearly see smoke rising from a fire in Palestinian fields, sparked by fearful/furious Jewish settlers, bringing home to all of us what smolders beneath the surface of seemingly necessary, forced suppression – that has, apparently, reduced civilian mortality on both sides. On our way back through the checkpoint, our bus was detained while an officer consulted with a higher-up about whether to let our Palestinian driver keep an olive sapling that had been given to him by the owner of the restaurant we stopped at. In the end, he was allowed to keep it.

So much food for thought in a conference whose overall atmosphere was a wonderful one of mutual respect, concern, and openness to “O” – what we don’t yet know and can’t quite imagine – about how to repair, rather than merely repeat or reverse past wounds in ways that inflame, spread, and reflect deadly conflict around the world.

Another highlight for me was a paper by Ofra Eshel on telepathic communication – which moved me to speak to her in person, and buy her remarkable new book, *“The Emergence of Analytic Oneness: Into the Heart of Psychoanalysis”*, which I can heartily recommend. It’s about being-with severely traumatized, conflicted, paralyzed patients in dark places where it’s impossible to see a way out. Sometimes, though, that makes a difference to the aloneness, despair and desperately perverse or psychotic ways people have of staying alive. She goes beyond interpretation and witnessing to what she calls “witnessing”. Much to digest, there, too.



***I felt surprisingly at home in Israel,
torn by boundless,
transgenerational trauma,
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have the potential for catastrophic
repetition – or reparation –
depending on how well we can
bear and be with one another.***

I also won’t deny the fact that one of the highlights for me, was having my own paper, *“A Tale of Two Terrors: Early Parental Loss and the Search for Safety”* well-received and responded to by several people, including an orthodox Jewish lady who had been too ashamed and frightened to admit openly that she supported Trump and Netanyahu! That touched me, even if it puzzled and embarrassed me a bit. The paper portrayed my clinical experience of trying to work with a Trump supporter whose views eventually aroused passionate protest in me, despite our common history of losing the “strong” father we both needed.

All in all, as I said to a Jewish colleague from Toronto, I felt surprisingly at home in Israel, torn by boundless, transgenerational trauma, conflicts and enactments that have the potential for catastrophic repetition – or reparation – depending on how well we can bear and be with one another.

Don’t we all “struggle with God” – and with our own wished-for infantile omniscience and omnipotence – in our own ways?

Dreaming with Eyes Wide Open:

IARPP conference in Tel Aviv, June 2019

By Nira Kolers, Ph.D., C.Psych.

In IARPP conferences that are held outside the USA the host country, beyond providing a platform for panels, papers and presentations, also conveys, consciously or unconsciously, something about itself.

The encounter between the host country and the conference participants is never completely neutral. We come to a new country with bits and pieces of information, associations, and if nothing else, with curiosity and anticipation. In other words, the meeting always carries trans-ferential aspects.

In the case of Israel, this process is highly intensified. It carries religious, cultural and emotional associations that are millennial, and is further complicated by more recent history which encompasses the holocaust on the one hand, the Israeli -Palestinian conflict on the other. How laden are these associations, how complicated the evoked feelings can be gleaned by simply perusing the on-line IARPP colloquia when all too often any topic leads back to these themes.

The Israeli organizers of this conference were very aware of this burden of associations. I am not privy to their discussions of how to present the conference, but I would like to comment here about my own sense of how the organizers dealt with this dilemma.

The conference opened formally with a plenary session in which three non-psychoanalysts presented their take on 3 fissures, fault lines, in Israeli society: The rift between the Arab and Jewish populations of the state; the religious -secular divide, and the East European vs the middle eastern (Sephardi or Oriental) cultural schism of the Jewish population. These rifts, present from before the birth of the State, have only deepened with the years, with all sides finding their voices, articulating grievances, their pain and their traumatic encounters with each other.

This plenary session reverberated throughout the conference, professing “Here I Am, with all my vulnerability, with all my struggling, with all my pain”. The “Here I am” of this self presentation (disclosure) echoes the Biblical “Hineni!”, the readiness (Abraham, Moses) to appear before God with all of one’s being, unadorned, vulnerable, ready to be a witness, ready to be seen.

There was a “realness” and a seriousness about this presentation, and I felt that this openness made it impossible to fall into the “schizoid/paranoid position that so often marks the discussions and arguments about Israel, discussions that were not missing from this particular conference, as was made abundantly clear well before the conference started.

While this vulnerable openness permeated the Conference, the physical environment had its impact as well: Tel Aviv, its aliveness, its pulsating rhythms, its intensity, its warm sun and the Mediterranean across the road from the hotel, certainly the food, all filled the senses, creating a “high” in many of the participants. There was a feeling that the vulnerability, the ability to say “Hinneni, created a sense of hope (dreaming with eyes open), of the possibility of renewal and healing.

There was a feeling that the vulnerability, the ability to say “Hinneni, created a sense of hope (dreaming with eyes open), of the possibility of renewal and healing.

This was beautifully and poignantly echoed in Vojna Tapola’s presentation and subsequent letter to the Israel organizers of the Conference. In a heart wrenching story of hers, and her family’s, traumatic experiences during and in the aftermath of the civil war in Bosnia, Vojna put words to her open wound, was able to translate her howl into language without diminishing its impact. She left us stunned and speechless without the need to ‘tie up” loose ends, or make it better.

However, in a post to the Israeli Organizing Committee after the conference Vojna spoke of a new experience she had at the airport waiting for her flight out of the country. [The early trauma]...”made a stone of my heart...only that moment, at Ben Gurion (the Tel Aviv airport) revealed me a different truth..not all is dead. There is a way...So while one Tel Aviv conference did not change the order of the entire world, my world for certain had shifted. Almost tectonically. You organized that event, you made space for me in your minds and hearts, so much so, that I could feel human again”.

In its ability to present itself in all its humanity, with its faults, conflicted feelings, vulnerability and realness, Israel, in this conference, was able to connect with our own humanity ,our own capacity to feel, to mourn, to be real, to forgive, and to hope.



Help Us Make Freud's Dream of The Free Clinic a Reality

"If you will it, it is no dream." Theodor Herzl

It's a neglected history, but we know the dawning of psychoanalysis was deeply rooted in social justice. Freud and the early psychoanalytic movement were unwavering in their commitment to treating the poor and working classes.

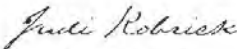
In 10 different cities, between 1920 and 1938, Freud and his colleagues created outpatient centres providing free mental health care. These revolutionary clinics would nurture people to their best and most productive selves.

We know full well the profound demand for mental health services in our city. Too many people struggling are simply not able to access the help that they need.

Let's make Freud's dream a reality in Toronto.

We need your support to bring the dream to fruition. Please consider making a gift today. As Freud said in 1918, "The poor man should have just as much right to assistance for his mind as he now has to the life-saving help offered by surgery."

Let us turn no one away.



Judi Kobrick, Ph.D
President



Stephanie Bot, Psy. D
Treasurer & Fundraising Chair

I believe in the dream of **The Free Clinic**. Please count on my support.

To donate now, please visit www.ticp.on.ca

Thank you for your commitment and generosity.

If you require assistance completing your donation, please
contact Suzanne Pearen at 416-288-8060.

Toronto Institute for Contemporary Psychoanalysis is a registered charity. All donations are tax deductible.

2019 HANS W. LOEWALD AWARD

JOSHUA LEVY, PH.D., C.PSYCH

Joshua Levy, Ph.D. C.Psych, faculty member of the TICP and a training and supervisory analyst at the TPI, received the **2019 Hans W. Loewald Memorial Award for psychoanalytic education**. Josh had taught at these two Institutes for many years and published papers on the teaching and the learning of dreams from multiple analytic perspectives. He has also taught on psychoanalytic supervision, comparative psychoanalysis, and more. For the last nine years Josh has hosted comprehensive day-long workshops on a variety of psychoanalytic topics. He commands enormous respect in the Toronto psychoanalytic community, and is regarded by many devoted students – both training candidates and experienced clinicians – as a uniquely gifted clinician and pedagogue.

Dr. Loewald (1906-1992) was a practitioner, scholar and teacher who was deeply committed to the intellectual history and theoretic complexity of psychoanalytic thought. The Award in his name was established by the International Forum for Psychoanalytic Education to recognize extraordinary contributions to psychoanalytic pedagogy. In the past twenty two years well recognized psychoanalysts from over the world affiliated with the multiple analytic perspectives received the Award.

The workshop for this year will focus on the on-going question “What is psychoanalytic supervision and what is not?”.

TICP Scientific Meetings

We welcome all Members and Guests of the Society (TSCP) and TICP candidates to participate in the ongoing Scientific Meetings. There is no charge for members to attend the Wednesday events; a small fee is charged for the Saturday morning Scientific Meetings. To check your current membership status please contact Suzanne Pearen at info@ticip.on.ca

We are constantly searching for new presenters. If you would like to present, or can suggest a potential presenter, please do not hesitate to contact us.

The Bulletin

Editor

Keith Haartman, Ph.D.

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We welcome your input!

The Bulletin is always looking for new material and contributions for upcoming editions.

If you've read a paper or book and would like to submit a review, have a paper to share, or know of an upcoming event or any other item that would be of interest to others in our community, we would very much like to hear from you. All material will be considered.

Please contact Keith Haartman at 416-513-0707 or at keithhaartman@sympatico.ca

Toronto Institute for Contemporary Psychoanalysis

Spring 2020



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